



Fall Protection Education (two training courses provided)

- Non-certificate overview education
- Certificate of education

Training duration: four hours (certificate education) or 90 minute overview refresher for experienced users of fall protection (recommended over four years' experience using fall protection in the field)

Description:

This education is designed for in-house or on-site training to minimize work down-time and yet provide training and awareness of topics pertaining to fall protection requirements. These courses are based on the systems, deployed in the field by the employer.

Education covers the following topics;

- A-B-C of fall protection
- **A**nchors (engineered, temporary)
- **B**ody harness
- **C**onnecting equipment (lanyards, rope grabs, snap hooks, carabineers, and anchor cables)
- Fall prevention hierarchy (general)
- Guardrails
- Vertical lifelines
- Horizontal lifelines
- SRL (self retracting lifelines)
- Total fall distance vs. free fall distance
- Inspection of equipment
- Maintenance of equipment
- WorkSafe BC Regulations
- Site Specific Fall Plans.

Objectives:

Workers to understand;

- The basic components of a fall protection system
- WorkSafe BC regulation requirements
- The importance of a site specific fall plan & rescue plan
- The importance of inspecting and maintaining fall protection equipment
- The importance of a proper fitting harness
- The core philosophy and logical progression of fall protection hierarchy.

This Education is for workers who require general knowledge of fall protection, as well as for temporary workers who may not be expected to use personal judgment in the set up of fall protection systems. This training can also be used as a refresher for workers who have previous training or who are already familiar with fall protection.

*Maximum class size is 15 students for quality assurance purposes

*Please note: One on one certificate training can be arranged if time permits.

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